



**REHABILITATION CENTRE FOR
VICTIMS OF DOMESTIC AND SEXUAL
VIOLENCE [RECESVID]**

BEST PRACTICES

KIOS WORKSHOP, NOB VIEW HOTEL

MAY 5TH-6TH, 2010

Best Practices in Human Rights Work

Capacity Building Programmes

- **For Target Audiences:** Trained 94 students, administrators and teachers of Makerere Institute for Social Development [MISD] and Young Women's Christian Association [YWCA]. Topics included: Concept of DV; DV and HIV/AIDS; Sex and Sexuality; and Community Policing;
- **For Staff:** New developments take place all the time. If you want your staff to stay on top of events, train them.

Cont'd: Capacity Building Programmes: Monitoring Impact

- Have M+E Mechanisms. These mechanisms may be evaluative, verbal feedback, survey, etc. E.g., our trainings generated the following questions: do women rape men? Is there a law on defilement for women who defile [paedophilia]? If a woman seduces a man sexually, is it a crime? Can social workers report men who defile children to the Police? If a man takes alcohol, can it affect a foetus? What are the signs of abortion and risks of abortion? Can a gynaecologist confirm infertility due to abortion? If a woman's uterus is washed after abortion, can she still conceive? Does nicotine/taking alcohol affect breast feeding? If a woman takes alcohol before conception, would it affect her baby?

Best Practices cont'd

Media Advocacy

- Poll Survey e.g., Record FM [97.7] invited RECESVID staff to take part in a 1-hour talk show programme on the topic: “Do you think HR organisations in this country can end domestic violence [DV]?” The show provided RECESVID with a platform to talk about its work, the role of women’s rights organisations, the question why DV and its causes. A poll question on the above topic was given to listeners - 60% responded that they believe HR organisations in Uganda can end DV, 40% felt otherwise.



Cont'd Best Practices

Networking and Strategic Partnerships:

- Meetings where experiences are shared for the benefit of others as well as learning from other professionals;
- Uganda Police Force: referral of clients, taking part in trainings.



Cont'd: Best Practices in HR Work

Effective Documentation

- Detailed and analytical reporting. Share information on reporting practices [mentoring];
- Assessments if work is clinical;
- Effective documentation is **KEY** in **ADVOCACY** work e.g., media engagement, policy advocacy work, clinical work.

Measuring Impact: [Short and Long Term]

- Short evaluation forms e.g., at the end of a training programme;
- Evaluation e.g., long term Projects. These mechanisms may be evaluative through consultancy work, verbal feedback, etc. Employ the services of a qualified consultant to help with evaluation of especially long term programmes;
- Surveys e.g., listenership feedback during live talk show media programmes, mini surveys, poll surveys;
- Ongoing assessments and follow-ups e.g., in clinical settings.

Challenges

- Lack of professional expertise in the field e.g., Police Officers in CFPUs handling family issues without any professional training in counselling;
- Lack of in-built and structured organisational M+E;
- DV and Sexual Violence are ashaming and traumatic to individuals so they tend to keep quiet until the situation gets out of control. Case of a female Police Officer raped in Nasana by arsonists.

THANK YOU

